



Practice Certificate in Multi-Element Behaviour support (MEBS)

What is Multi-Element Behaviour Support?

Multi-Element Behaviour Support (MEBS) is a structured and formal model of Positive Behaviour Support (PBS). PBS uses behavioural technology and person centred values to understand the function or reason for a behaviour of concern. Once the function is identified, a Multi-Element Behaviour Support Plan is developed and implemented.

What is this course about?

This new course develops students' skills in the practical application of the MEBS Model. Each student works closely with one individual. The student will conduct a functional assessment, develop, implement and evaluate a MEBS plan informed by a set of outcomes. Students will receive support from their local team (namely, their line manager, a clinical supervisor and a mentor). Along with input from experienced tutors in Callan Institute, they will advance their practice in PBS. This course replaces our previously known Longitudinal Course in Multi-Element Behaviour Support.

What will a student be able to do when they finish this course?

This course is designed to support students to advance their knowledge and skills, with appropriate supervision, of PBS using the MEBS Model. Students will be able to actively participate in teams providing and implementing PBS services but will not yet be proficient to work as a Behaviour Practitioner. This practice certificate will require further studies if the student wishes to pursue a professional qualification in PBS.

What follow-on study opportunities are available?

Students who complete this practice certificate may wish to advance their studies in applied behaviour analysis by completing one of the many post-graduate modules/programmes in ABA.

Why should a student take this course?

The Health Act 2007, outlines that Positive Behaviour Support is to be provided to individuals with intellectual disability who find they need to use behaviours of concern to communicate. If you are, for example, a keyworker, social care practitioner, nurse, job coach, instructor, teacher, SNA, MDT member etc., and have always wanted to learn about the practical application of PBS then this course is for you. If you are already working in a professional role such as a Behaviour Practitioner, Psychologist, Clinical Nurse Specialist in Behaviour, you may wish to enrol in this course to further develop your practice and understanding of the MEBS model.

What will a student receive on completion of this course?

Upon successful completion of this course, participants will receive a *Practice Certificate in*

Multi-Element Behaviour Support, awarded by Callan Institute. This course is also accredited with *Bord Altranais* (35 NMBI CEUs)

What will a student study and practice?

Six separate units are designed to teach the fundamental skills of successful implementation of MEBS. These include:

Unit 1:

- PBS and the MEBS model
- Referral and Consent
- Comprehensive functional assessment- Part 1: background assessment
- Observation skills
- Data collection methods
- Case study assignment
- Reflective Practice

Unit 2:

- Comprehensive Functional Assessment; Part 2: Functional Assessment
- Formulation and hypothesis development
- Data analysis
- Case study assignment
- Reflective Practice

Unit 3:

- Development of a MEBS plan; with proactive and reactive strategies
- Skills teaching and task analysis
- Data collection and analysis
- Case study assignment
- Reflective Practice

Unit 4:

- Implementation of a MEBS plan
- Protocol writing and Skills teaching procedures
- Monitoring and Evaluation factors as part of a quality assurance system
- Case study assignment
- Reflective Practice

Unit 5:

- Outcomes of MEBS and measurement
- Periodic Service Review
- Case study assignment
- Reflective Practice

Unit 6:

- MEBS culture in practice
- Policy and regulations
- Case study presentation
- Reflective Practice

Special features of this practice certificate:

Teaching and learning will be based on working together in a way that encourages the student to draw on their experiences and knowledge from practice. This will be facilitated through group discussion, critique and debate and delivered through lectures, group work, case studies, guided study, self-directed learning, additional reading and personal reflection. There will be a progressive assessment framework applied throughout the course by the course tutors, a local Line Manager and a local Clinician and students will submit a portfolio evidencing their learning and application of skills.

Are there any pre-requisites for applying to this course?

1. All applicants must complete parts 1 and 2 of the Callan Institute E-learning MEBS Course. Certificates of completion must be submitted with the application.

2. All applicants must have access to a person (adult or child) who is in need of Positive Behaviour Support (MEBS model) and happy to consent.
3. There must be a commitment from the service that the applicant will receive the support required to conduct the work.

The Culture & Management of PBS Using MEBS workshop:

The practical application of PBS and the MEBS model is enhanced when the local line manager also has a good understanding of PBS. The student's line manager will be eligible and invited to attend a 1-day workshop on 'The Culture and Management of PBS using the Multi-Element Model'. This workshop will occur on **28th September, 2021.**

What is the cost?

The course is €900.00 per person.

When are the six units scheduled?

The units occur from 9:30 a.m.-4:30 a.m. on the following dates:

Unit 1: 21st September, 2021.

Unit 2: 19th October, 2021.

Unit 3: 16th November, 2021.

Unit 4: 7th December, 2021.

Unit 5: 8th March, 2022.

Unit 6: 8th June, 2022.

How to apply:

Contact Your HR Department or Callan Institute for an application form. Phone: 01 281 4139/5333322 or Email: callan@sjog.ie.

Closing Date For Nominations: 28th August, 2021.

Location of Course:

This training course is delivered using zoom.