

Annual Report 2003



St John of God

THE CALLAN
INSTITUTE



ST. JOHN OF GOD THE CALLAN INSTITUTE

Springing from the Christian values and holistic approach advocated and practised by its founder, the Hospitaller Order of St. John of God is dedicated to the provision of social, education, welfare and health services. It has a mission to ensure that persons availing of its services receive the highest quality care, education, training, treatment or assistance in accordance with their needs.

The Callan Institute for Behavioural Support promotes positive practices in the field of challenging behaviour. It was established in 1994 as a consultation and training service to advocate and support the use of effective, non-aversive methods for working with adults and children who have challenging behaviours so that they can enjoy community participation with dignity and respect.

MANAGEMENT TEAM



Dr. Patrick Walsh
Director



Brigid Butler
Director of Programme Development



Caroline Dench
Institute Co-Ordinator



Philip Daly
Administrative Manager



Dear Friends and Colleagues

The Callan Institute for Behavioural Support has been involved in supporting individuals with intellectual disability who present with challenging behaviour since 1995. The group of people presenting with these behaviours is diverse; it includes both children and adults, people with disabilities such as intellectual disability, mental illness, and people who experience difficulties in respect to social and environmental problems.

The Callan Institute continues to recognise the need for education and training on Best Practice in Challenging Behaviour in Ireland. As you will read in our report, it has hosted many training courses/workshops and presented at national and international conferences to, staff, families and organisations on guidelines for best practice in this area.

The Callan Institute's affiliation with the Institute of Applied Behaviour Analysis (IABA) in California, USA, has continued to provide an important foundation for our work. In 2003, it was invited to participate in an International Conference hosted by the IABA on "Positive Practices: Application of the Multi-Element Model Around the World", and was complimented on its work.

The Callan Institute and Dublin Institute of Technology (DIT) saw many achievements this year. "Multi-Element Behavioural Support; A Short Course" received approval for two further modes of learning - Approval of Prior Learning (ApeL) and Team Learning (TL). This will facilitate pre-2001 students, to receive accreditation for their work and also supports teams to complete portfolios together. It is hoped that over the next 12 months the Callan Institute will explore further course accreditations with DIT.

In May 2003, the Callan Institute received a grant from the Department of Enterprise, Trade and Employment, to design a training course for facilitators of the Multi-Element Behavioural Support Course. It is proposed that this grant will also facilitate e-learning and increased access to educational materials for staff and families.

Over the last 12 months, a total of 761 people (staff/family) from Ireland, England, Scotland, Wales and United States have participated in workshops and seminars hosted by the Callan Institute. A goal for 2004 is to establish a national/international network of people to develop guidelines, standards and policies for best practice when supporting individuals with challenging behaviour. It is hoped that this project will link in with the work of the National Disability Authority of Ireland.

Patricia Walsh

SPECIAL EVENTS, ACHIEVEMENTS AND ISSUES

TRAINING

TRAINING COURSES PROVIDED IN 2003

Multi-Element Behavioural Support (MEBS)

This course is designed to support staff and families to conduct a comprehensive functional assessment and develop a behaviour support plan for one individual presenting with challenging behaviour. It is a competency based course, delivered over a 9-month period, and is accredited with the Dublin Institute of Technology.

SYSTEMATIC INSTRUCTION

This course provides practical training in precision teaching and programme writing. Participants are supervised in the implementation of skills teaching programmes with children/adults who have learning and communicational difficulties, with particular emphasis given to learners with severe and profound learning difficulties. This course involves 3 x one day modules of lectures and supervision along with practical assignments over a ten week period.

POSITIVE FUTURES PLANNING

This course is designed on the principles of planning with and for the individual. A futures plan is an opportunity for people to come together and share ideas about one person's capacity to enjoy a good quality of life. The emphasis is on facilitating an appreciation of the person, on sharing a common dream of the future, on creative problem solving and on harnessing natural supports. This course is delivered in three one-day modules, with interim practical assignments.

PERIODIC SERVICE REVIEW

Periodic Service Review is both an instrument for assessing the quality of a service and a system for maintaining quality improvement over time. As an instrument, Periodic Service Review is quick and comprehensive. As a system of self-management, it is proactive and non-aversive, leading to practical goal setting and improved morale among staff teams. This course is a three-day course for staff teams. Each staff team designs its own Periodic Service Review, implements self-defined performance standards and monitors progress over the duration of the course.

SUPERVISION OF BEHAVIOURAL SUPPORT SERVICES

This is a 3-hour workshop designed for staff supervising behavioural support services. Positive Behavioural Support and Multi-Element Behavioural Support is presented and support and supervisory aids are discussed.

Number of Courses	Number of Staff Trained
22	296

CASE LOAD

A total of 21 individuals were seen for specialist assessment or case management services from the Callan Institute. Clients have included those with Intellectual Disability, Acquired Brain Injury, Asperger Syndrome and Mental Health difficulties.

CONFERENCES AND WORKSHOPS

A number of Conferences and workshops were hosted, co-hosted and presented at, by the Callan Institute in 2003. This included 'Behavioural Whispers in Children', 'Challenging Behaviour in the classroom', 'Person Centred Planning', 'Teaching Skills to people with Disabilities', 'Service Design and Challenging Behaviour' and many more.

Conference / Workshop	Number of attendees
10	455

This year, The Callan Institute's conference, 'Best Practice in Challenging Behaviour; Legal, Ethical and Programmatic Considerations for Irish Services', was held on 26 September 2003, in the Stillorgan Park Hotel, Dublin.

The proceedings were opened by Ms Mary Van Liseout, Co-Ordinator of Standards, National Disability Authority of Ireland. Presentations were made by a number of speakers including Professor David Allen, Dr Gary LaVigna, Mr Tom Cooney, and Dr Patrick Walsh and Ms Caroline Dench of The Callan Institute, Dublin. A sample of current services for people with Challenging Behaviour in



Ireland was provided by Ms Kathleen Byrne, Daughters of Charity, Dublin; Mr Michael Reen, Brothers of Charity, Clare; and Mr Dermot Courtney, North Eastern Health Board.

The conference addressed some of the most frequently asked questions relating to challenging behaviour. 'Why is the person behaving this way?' and 'What can we do about it?', The conference was attended by people from all over the country and a forum is being developed for people interested in the further development of guidelines and standards in Challenging Behaviour for Intellectual Disability services in Ireland.

GRADUATION CEREMONY

The Callan Institute and the Dublin Institute of Technology conferred 43 staff in 'Multi-Element Behavioural Support: A Short Course' on the 10th December 2003 at St. John of God Hospital, Stillorgan, Co. Dublin.

Staff from the following organisations were conferred: St. John of God Hospitaller Services, South Eastern Health Board, North Eastern Health Board, Daughters of Charity, St. Anne's Services, RehabCare, Camphill Community. The staff received a certificate of completion from the Dublin Institute of Technology and 5 ECTS at Master's level. (European Credit Transfer System).

RESEARCH

The Behavioural Support Research Programme as part of the Callan Institute received a 2-year grant from the Department of Enterprise, Trade and Employment. This grant will support the development of a 'Training Course for Facilitators' in Multi-Element Behavioural Support. As part of this project, it is hoped to develop a number of research projects in 2004.

The following paper was prepared for projects and future research:

Dench, C. June 2003 - 'Multi-Element Behavioural Support: A Short Course'

A model of service for providing Positive Behaviour Support to people with Challenging Behaviour.

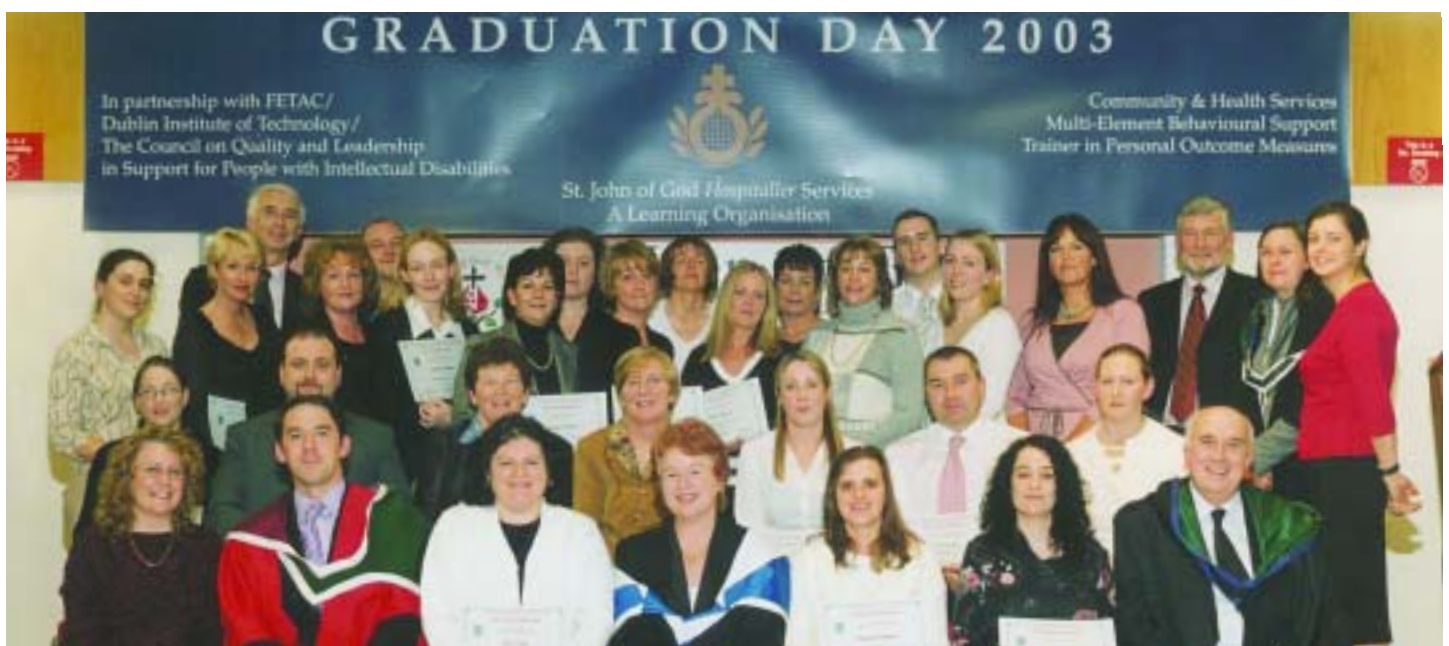
(Presented at the IABA International Conference, California, USA.)

COURSES

A number of conferences and courses were attended by staff of the Callan Institute in 2003. These included: Personal Outcome Measures; Research Conferences; Ageing, Dementia and Intellectual Disability; Positive Practices in Challenging Behaviour, Autism, Aspergers Syndrome and CPI Training.

Number of Conference / Course Attended

19



Staff and graduates of the 'Multi-Element Behavioural Support: A Short Course' at the conferring ceremony in St. John of God Hospital, Stillorgan.

OTHER SERVICES PROVIDED

- Clinical Supervision and Consultation Services to local and national Services.
- Consultation with an agency in Scotland.
- Behaviour Specialist Forum established to support local practitioners.
- Membership of the following committees; St. John of God Research Board, the Psychology Team, Quality Steering Committee, Promoting Professional Development, Projects Teams in Challenging Behaviour.

GOALS 2004

- 1 To train 50 staff in Multi-Element Behavioural Support.
- 2 To provide training in the Supervision of Behavioural Support Plans, Introduction to Multi-Element Behavioural Support, Systematic Instruction, Positive Futures Planning and Periodic Service Review.
- 3 To host a national conference.
- 4 To develop and pilot modules of the facilitators' manual in Multi-Element Behavioural Support Course.
- 5 To support Behaviour Specialists in the provision of Behavioural Services at a local level.
- 6 To review accreditation of other courses provided by the Callan Institute with DIT.
- 7 To establish a national network on developing best practice in Challenging Behaviour for Irish Disability Services.
- 8 To conduct two pieces of Research and prepare them for publication.
- 9 To review the student data base system.
- 10 To update 'System Guidelines for Administration'.
- 11 To renovate The Callan Institute offices.

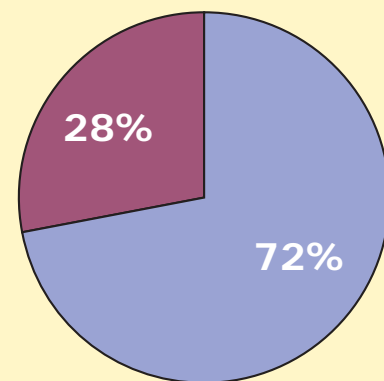
FUNDING STATEMENT 2003

	2003 €	2002 €
Expenditure		
Pay	208,907	144,020
Non-Pay	<u>80,125</u>	<u>45,636</u>
Total Expenditure	289,032	189,656
Less: Sundry Income	<u>56,106</u>	<u>96,664</u>
Net Expenditure	<u>232,926</u>	<u>92,000</u>

The principal source of revenue funding to The Callan Institute is the allocation from the Eastern Regional Health Board. This is augmented by income received from fees for individual treatment and training courses.

Pay / Non Pay 2003

Pay	€208,907
Non-Pay	€80,125
Total Expenditure	€289,032



■ Pay ■ Non Pay

St. John of God *Hospitaller* Services

Our Province

IRELAND, MALAWI & NEW JERSEY, USA

PROVINCIAL & COUNCIL BROTHERS RONAN LENNON, O.H. - PROVINCIAL;
FINTAN BRENNAN-WHITMORE, O.H.; LAURENCE KEARNS, O.H.; LUIS PADIERNE, O.H.;
FINNIAN GALLAGHER, O.H.



INTELLECTUAL DISABILITY SERVICES

St. Augustine's School, *Dublin*
St. John of God Breannán Services, *Kerry*
St. John of God Carmona Services, *Dublin*
Callan Institute for Behavioural Support, *Dublin*
St. John of God Kildare Services
St. John of God Menni Services, *Dublin*
St. John of God North East Services,
Louth, Meath and Monaghan
St. John of God Association, *Belfast*
STEP Enterprises, *Dublin*

HOSPICE FOR CHILDREN

Suzanne House, *Dublin*

MENTAL HEALTH SERVICES

St. John of God Hospital, *Dublin*
Cluain Mhuire Community Mental Health Services, *Dublin*
St. John of God Lucena Clinic Services
Dublin and Wicklow
Granada Institute, *Dublin*

PILGRIMS GUESTHOUSE

St. Joseph's at the Shrine,
Knock, Co. Mayo

HOUSING

City Gate, *Dublin*
St. John of God Association, *Belfast*

OLDER PEOPLE

St. Joseph's Centre, *Dublin*
St. John of God Association, *Belfast*

OVERSEAS

St. John of God Community Services, *Malawi, Africa*
St. John of God Community Services, *New Jersey, USA*
Holy Family Rehabilitation Centre *Monze Zambia*
(Funded by our Province)

St. John of God The Callan Institute for Behavioural Support

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The Callan Institute for Behavioural Support is a consultation and training service. It promotes the use of effective, non-aversive methods for working with individuals who have challenging behaviours so that they can enjoy community participation with dignity and respect.

Auditors: PricewaterhouseCoopers, George's Quay, Dublin 2
Bankers: Bank of Ireland, 34 College Green, Dublin 2
Solicitors: Porter Morris and Company, 10 Clare Street, Dublin 2
Corporate Charity Eligibility No.: 0146
Charitable Exemption No.: CHY3822



St. John of God
1495 - 1550



St. John of God
Hospitaller Services

We provide a range of services for children and adults
in Ireland, Africa and the USA.

Care - Compassion - Respect

